

Measures for Protection from the new Coronavirus 2019-nCoV

For the purpose of prevention (protection) against the new coronavirus in countries where patients with this disease have been isolated it has been recommended to avoid large events and staying long indoors, in a closed space where a large number of persons has been gathered.

PREVENTION MEASURES:

- **Washing hands regularly.** Washing your hands with water and soap for 20 seconds has been proven as an effective measure to reduce the risk of transmission of the infection from an ill person to other persons or to prevent contamination of objects in the environment. Avoid touching the face (mouth, nose, eyes) with the hands is recommendable.
- **Respiratory hygiene.** Cover the mouth and nose with a handkerchief (exceptionally, if the handkerchief is not available, in some other manner such as the inside of the sleeve in the elbow bend) when sneezing and coughing. Dispose of the handkerchief safely after use (in a resealable bag or closed bucket). Then wash your hands with water and soap. If water and soap are not available, disinfect hands with an alcohol-containing product.
- **Do not use common objects** with people having respiratory problems (glasses, dishes, cutlery, toothbrushes, etc.). In case of use of these items, it is obligatory to wash them before use (as well as after use) by using water and usual household dishwashing liquid).
- **Monitor your health condition.** If you note any symptoms such as high fever, coughing, sneezing, exhaustion, shortness of breath), a doctor should be consulted for an evaluation of the condition and adequate treatment. Before going to the doctor, it is mandatory to make an appointment by telephone for the purpose of taking measures to reduce the risk of infection of other patients and also healthcare professionals in the healthcare facility.

In case of a need for consultation and/or in case of suspecting of infection with the new coronavirus, you may call the following phone numbers of epidemiologists in the Center for Control and Disease Prevention in the City Public Healthcare Institute of Belgrade:

- **During business days until 02.00pm: +381112078672 or +381112078673 or +381112078677**
- **During business days after 02.00pm and during Saturday and Sunday: +381638511769 or +381628808717**